



75
Azadi Ka
Amrit Mahotsav

Webinar on



Importance of Yoga to Maintain Good Health

(As a part of POSHAN Abhiyaan, 2021)

Organised by

NSS Unit(s), Serampore College

In collaboration with

Yogoda Satsanga Society of India

Key Speaker : Dr. Niladri Sarkar
Professor of Medicine, SSKM Hospital
Date: 26th September, 2021 Time: 6 P.M.



<https://forms.gle/yitRmsTGELjojyq7>

[CLICK HERE TO REGISTER](https://forms.gle/yitRmsTGELjojyq7)



Google meet link:

<https://meet.google.com/rxi-ykfi-vvv>



All are Invited. All participants have to be present on time.